



# **FAMILY RESOURCE GUIDE**

We envision healthy families, healthy children, healthy schools, healthy communities in a healthy world.

[www.thomaslearning.org](http://www.thomaslearning.org)

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# INTRODUCTION TO THE FAMILY RESOURCE GUIDE

This listing was compiled by a network of Philadelphia professionals and families. The purpose of this guide is to share information about resources and in no manner whatsoever supports, profits or takes responsibility for the agencies, services, and individuals noted herein.

Please note this resource guide includes a significant amount of information and is meant to serve as a guide for those who support families in Philadelphia. Sharing this guide with those who have not been trained to navigate through the various resources could unintentionally impede resource access.

This is not intended to be an exhaustive list of resources, but the intention is to provide some valuable tools to help families identify and navigate where to go for various needs. This list will be updated at a minimum of once yearly to help ensure it is accurate and up to date.

# ADAPTIVE/ TECHNOLOGY AND EQUIPMENT SUPPORTS

## TechOWL Statewide Device Loan Program <https://myatprogram.org/home/42>

TechOWL's lending library is easy to use for obtaining assistive technology devices for individuals who are hearing, physically or visually impaired or have other accessibility needs. All device loans are for nine (9) weeks. Use the link provided to search for equipment you would like to request. To fulfil your request, you will either need to login or register for an account.

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## The Lucky Fin Project <https://luckyfinproject.org/> 1320 North Vermont Ave. Royal Oak, MI. 48067 United States

The Lucky Fin Project is a nonprofit organization that exists to raise awareness and celebrate children and individuals born with symbrachydactyly or other limb differences (upper, lower, congenital, and amputee).

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## Wings For Vincent <http://www.wingsforvincent.org/home.html>

Wings for Vincent is a non-profit that supplies weighted products (blankets and lap pads) to children with sensory processing differences and Autism Spectrum Disorder (ASD) free of charge.

# ADVOCACY

## Parents United for Public Education <https://parentsunitedphila.com> parentsunitedphila@gmail.com

Guidance, support, advocacy for families with Special Needs Children.

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## Disabilities Rights Network of PA [www.drnpa.org](http://www.drnpa.org) 215-238-8070

Information and advocacy for all populations of people with special needs, challenges or disabilities, many resources in Spanish as well.

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## Pennsylvania Health Law Project [www.phlp.org](http://www.phlp.org) 123 Chestnut St. Philadelphia, PA 19106 1-800-274-3258 215- 625-3663

Helps people in PA getting or keeping Medicaid for healthcare, provides Information about waivers to supplement funding and how to work and maintain a job while you are also receiving SSI. Info about health care and services. Spanish speaking staff.

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## PA Education Law Center [www.elc-pa.org](http://www.elc-pa.org) 1315 Walnut Street, 19107 1-800-692-7443

(Disabilities Rights Network) Information only—For special education info please call Disability Rights Network)

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## Juvenile Law Center <https://jlc.org/>

Non –profit law firm advocating for the rights of children involved in government agencies such as foster care.

**Community Legal Services/  
Philadelphia Legal Assistance**  
<https://clsphila.org/>

FREE legal help at locations (Spanish spoken too)  
Each site has different specialties, not all sites provide the same services, call first!

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**PILCOP Public Interest Law Center**  
[www.pilcop.org](http://www.pilcop.org)  
215-627-7100 or [general@pilcop.org](mailto:general@pilcop.org)

The Public Interest Law Center uses high-impact legal strategies to advance the civil, social, and economic rights of communities in the Philadelphia region facing discrimination, inequality, and poverty. We use litigation, community education, advocacy, and organizing to secure access to fundamental resources and services.

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**Support Center for Child Advocates**  
<http://sccalaw.org/who-we-are/>

The Support Center for Child Advocates provides free legal assistance and social service advocacy for children in the DHS or court systems

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**Philadelphia School District Refugee and Immigrant Toolkit**  
<http://mailimages.philasd.org/pub/Immigrant-Refugee-Toolkit.pdf>

This toolkit is designed for professionals and is available in English only.

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**Office of Maternal, Child and Family Health  
Special Healthcare Needs Parent Advocacy**  
<https://www.phila.gov/services/mental-physical-health/get-health-care-and-support/family-and-childrens-health-care/get-support-for-a-child-with-special-health-care-needs/>

Parent Advocate provides direct support and referrals for families raising children with special health care needs.

**Mental Health Partnerships, Advocacy**  
<https://mhp-org.squarespace.com/advocacy>  
833 Chestnut St., Suite 1100 Philadelphia, PA 19107  
1-800-688-4226

Assists parents or caregivers of children and adolescents with emotional and behavioral needs. Information, resources support services and advocacy. Spanish speaking staff

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**The spArc of Philadelphia**  
[www.arcpddc.org/](http://www.arcpddc.org/)  
2350 W. Westmoreland St., Philadelphia, PA 19140  
215-229-4550 or [marketing@sparcphilly.org](mailto:marketing@sparcphilly.org)

Training, information and referral support to people with disabilities and their families.

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**Vision For Equality, Inc**  
[www.visionforequality.org](http://www.visionforequality.org)  
718 Arch St. Philadelphia, PA 19106  
215-923-3349

Advocacy and mentorship for families of children with disabilities also provide training on a multitude of topics related to disabilities. Spanish speaking staff.

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**Pennsylvania's Education for All Coalition  
("PEAC")**  
[www.paedforall.org/](http://www.paedforall.org/)  
267-232-0570 or [info@paedforall.org](mailto:info@paedforall.org)

Free consultation and advocacy for schools, programs and families related to supporting inclusion options for children with disabilities. Advocates can attend IEP meetings with families. FREE workshops available in English and Spanish!

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**PEAL Center  
(Parent Education Advocacy Leadership)**  
[www.pealcenter.org](http://www.pealcenter.org)  
866-950-1040 or [info@pealcenter.org](mailto:info@pealcenter.org)

Information, parent support and technical assistance for people with disAbilities and special healthcare needs and the individuals and families who support them.

**Legal Clinic for the Disabled (LCD)**  
<http://www.lcdphila.org/how-we-can-help/>  
215-587-3158 or [legalinfo@lcdphila.org](mailto:legalinfo@lcdphila.org)

Free legal assistance for people with physical disabilities or who are deaf or hard of hearing and who live in Delaware Valley counties and qualify as “low-income”.

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**Hispanos Unidos para Ninos Excepcionales (HUNE) nHispanics United for Exceptional Children**

[www.huneinc.org](http://www.huneinc.org)  
3548-52 K St. Philadelphia, PA. 19134  
215-425-6203

HUNE works to improve educational outcomes for children and youth with all disabilities (emotional, learning, mental, and physical) from 0-26 years of age.

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**Mission Empower**

[www.missionempower.org](http://www.missionempower.org)  
844-370-1529  
[advocate@missionempower.org](mailto:advocate@missionempower.org)

Mission Empower is seen as a catalyst in supporting families and organizations to successfully access the resources that will empower families and their children, so that all children and youth with disabilities utilize their talents to reach their potential and become productive members of the community.

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**Office of Child Development and Early Learning (OCDEL) Bureau of Early Intervention Services and Family Supports (BEIS/FS)**

717-346-9320  
[RA-ocdintervention@pa.gov](mailto:RA-ocdintervention@pa.gov)  
[www.education.pa.gov](http://www.education.pa.gov)

(Click on Early Learning then Early Intervention)

The Office of Child Development and Early Learning (OCDEL) (a collaborative effort between the Pennsylvania Department of Education and the Pennsylvania Department of Human Services) is focused on creating opportunities for the commonwealth’s youngest citizens to develop and learn to their fullest potential

**Pennsylvania Office for Dispute Resolution (ODR)**  
[odr@odr-pa.org](mailto:odr@odr-pa.org)  
800-222-3353

The Office for Dispute Resolution (ODR) provides the resources for families and educational agencies to resolve educational disputes for children served by the early intervention system, students who are gifted (or thought to be gifted), and students with disabilities (or thought to have disabilities).

## AUTISM-SPECIFIC GROUPS/CONNECTIONS

**Philadelphia Autism Project**

<https://www.phillyautismproject.org/alist/>

This guide is a reference for the Philadelphia Special Needs Community. It is not meant to be a comprehensive listing of all resources but a starting place to begin to get help.

Philly Autisms Events Calendar: <http://www.paautism.org/phillyautismproject/Events/y/2017/m/5>  
215-571-3209 or [Phillyap@drexel.edu](mailto:Phillyap@drexel.edu)

Find events, activities and workshops about Autism and Special Needs.

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**ABOARD Autism Connection of PA**

[www.autism-support.org](http://www.autism-support.org)  
800-827-9385 or [Support@autismofPA.org](mailto:Support@autismofPA.org)

Information on their website includes facts and research about autism, resources, apps for children with special needs as well as an Autism glossary to better understand abbreviations.

### **Next Steps Trainings from CHOP**

<https://www.chop.edu/services/autism-workshops>

215-590-7500

Next Steps After Getting a Diagnosis of ASD and Next Steps into Adolescence. Next Steps for Professionals. Workshops are intended for families and professionals.

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### **SPARC**

[https://www.devereux.org/site/SPageServer/?page=sparc\\_services](https://www.devereux.org/site/SPageServer/?page=sparc_services)

610-430-5678

Provide consultation for staff, schools and families on difficult issues such as self-injury, toileting, feeding. Workshops available. There is a fee for these services.

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### **Autism Navigator**

<https://autismnavigator.com/>

Website that provides Free Webinars (must register in advance); resources; and a virtual community for parents of children 1-8 years old.

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### **Autism Sharing & Parenting**

Meets at: Community Behavioral Health

801 Market Street

7th Floor

Philadelphia, PA

nasya06@msn.com

Meets 3rd Wednesday of the month from 6-8 PM at Community Behavioral Health. The group only meets if they have a presenter.

\*Currently meeting through Zoom.\*

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### **Autism Cares Foundation**

<https://autismcaresfoundation.org/>

215-942-2273 or [Info@autismcaresfoundation.org](mailto:Info@autismcaresfoundation.org)

Provides events, programs, and resources for children, teens, and families.

### **ASERT (Autism Services, Education, Resources, and Training) Collaborative**

<https://paautism.org/>

877-231-4244 or [Info@paautism.org](mailto:Info@paautism.org)

ASERT is a statewide initiative funded by the Bureau of Autism Services, PA Department of Public Welfare. The ASERT Collaborative is a partnership of medical centers, centers of autism research and services, universities and other providers of services involved in the treatment and care of individuals of all ages with autism and their families. The ASERT Collaborative has been designed to bring together resources locally, regionally, and statewide.

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### **Autism Society of America- Greater Philadelphia Chapter**

<http://www.asaphilly.org/>

610-358-5256

The Autism Society of America, Greater Philadelphia Chapter was established in 1977 by a dedicated group of parents with a strong desire to band together and be a united voice to represent individuals with autism spectrum disorders and spread awareness

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### **Sesame Street in Communities**

<https://sesamestreetincommunities.org/topics/autism/>

Website provides resources, videos for children, printable activities (coloring pages, storybooks, etc.), articles, and more.

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### **Steady Strides**

Home - Steady Strides Behavior Solutions LLC,

[www.ssbehaviorsolutions.com](http://www.ssbehaviorsolutions.com)

215-791-8430 or [info@ssbehaviorsolutions.com](mailto:info@ssbehaviorsolutions.com)

Offers 1:1 support for ABA Therapy focusing on areas such as communication skills, social skills, fine motor skills, gross motor skills, daily living skills and problem behaviors.

Network with following insurance companies: AETNA, AmeriHealth, Cigna, Independence Blue Cross, Megellan Health, PA Medicare and OON Tricare West

# COMMUNITY ACTIVITIES AND SENSORY FRIENDLY

## AMC Sensory Friendly Films

Multiple Locations

<https://www.amctheatres.com/programs/sensory-friendly-films>

AMC is proud to partner with the Autism Society to offer unique movie showings where we turn the lights up, and turn the sound down, so you can get up, dance, walk, shout or sing! Our Sensory Friendly Film program is available on the second and fourth Saturday (family-friendly) and Wednesday evenings (mature audiences) of every month. Please check your local theatre listings for specific showtimes.

## Art-Reach Museum Partners

[www.art-reach.org](http://www.art-reach.org)

Check website for all facilities ACCESS to museums and facilities (Please Touch, Franklin Institute, Morris Arboretum, Academy of Natural Sciences, ...etc.) for families with an ACCESS card. 1 ACCESS card admits up to four family members at a rate of \$2 per person.

## Chuck E. Cheese Sensory Sensitive Sundays

<https://www.chuckecheese.com/sensory-sensitive-sundays/>

Snyder Plaza:

9 Snyder Ave, Philadelphia, PA 19148

215-551-4080

Philly-Roosevelt:

9175 Roosevelt Blvd #2, Philadelphia, PA 19114

215-677-6300

Participating locations open 2 hours early on the first Sunday of the month to offer a sensory-friendly experience for families.

## City of Philadelphia Recreation Department

<https://www.phila.gov/programs/programs-for-people-with-disabilities/>

After school, summer camp, and weekend activities for children ages 5-13. Low cost/fees vary

## Fox Chase Champions

<https://foxchasechampions.com/>

215-208-2702 or [info@foxchasechampions.com](mailto:info@foxchasechampions.com)

The Fox Chase Champions is a non-profit organization incorporated to provide recreational and educational activities for special needs children.

## Franklin Institute – Sensory Friendly Everyday

222 North 20th Street, Philadelphia, PA 19103

<https://www.fi.edu/blog/sensory-friendly-tips>

215-448-1200 or [guestservices@fi.edu](mailto:guestservices@fi.edu)

Due to social distancing, the museum is now “sensory friendly every day.” They offer sensory alert maps and sensory backpacks and in case it does become too overwhelming within the first 30 minutes, they offer return trip vouchers to try the museum at another time

## Free Library of Philadelphia

<https://libwww.freelibrary.org/calendar/>

Many FREE adapted programs for kids with special needs throughout the year, including sensory friendly story time, Lego groups, therapy dog time, Minecraft, etc. check the website for location/hours.

## Jewish Family and Children’s Services

[www.jfcsphilly.org](http://www.jfcsphilly.org)

2100 Arch Street, 5th Floor, Philadelphia, PA 19103

866.532.7669 or [info@jfcsphilly.org](mailto:info@jfcsphilly.org)

Social skills groups for children, teens and adults - open to everyone regardless of religion.



### **Kimmel Center for Performing Arts**

[www.Kimmelcenter.org](http://www.Kimmelcenter.org)

250 S. Broad Street, Philadelphia, PA 19102  
(215) 893-1999

<https://www.fi.edu/blog/sensory-friendly-tips>  
Kimmel Center provides ASL, captioning, and sensory-friendly for select programming/performances. Sensory-Friendly Kits are now available in all venues at all performances. SF Kits are drawstring bags that carry noise-cancelling headphones, two fidget toys and a weighted bean bag. Adult and Child appropriate bags are available. SF Kits are available on a first come, first served basis by inquiring with House Management.

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### **Kids at Play**

<https://www.kidsatplaypa.com/>

3502 Scotts Lane, Suite 711 Philadelphia, PA 19127  
610-628-0005

Indoor playground equipped with a sensory room, multi-sensory experiences, gross and fine motor play, and on-site therapy services.

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### **Let's Go Outdoors**

[www.letsgooutdoors.net](http://www.letsgooutdoors.net)

866-878-3595 or [registration@letsgooutdoors.net](mailto:registration@letsgooutdoors.net)

Philadelphia's leader in providing convenient, fun, outdoor themed experiences for families, schools, individuals and organizations, especially in urban communities. They offer FREE monthly therapy-style programs for special needs children and their families. These sessions focus on improving language, sensory and social skills. Connecting City Communities to Outdoor Experiences!

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### **Parent to Child**

[www.parent2child.net](http://www.parent2child.net)

1226 South Broad Street 19146  
215-644-9176

This center offers art and music therapies to promote growth, development and social skills; parent training and sibling club. Sliding fee\*

### **PEEA Project Elijah Empowering Autism**

<http://www.peea.org/>

267-258-8687 or [Elijah@peea.org](mailto:Elijah@peea.org)

FREE! Autism information and Community outings for children with Autism and their families to fun events like basketball games, bowling and roller skating. Fun for the whole family.

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### **Pegasus Riding Academy Inc**

[www.pegasusridingacademy.com](http://www.pegasusridingacademy.com)

8297 Bustleton Ave, Philadelphia, PA 19152  
215-742-1500

Offering weekly lessons, summer lessons, an autism program, classes for seniors, and more.

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### **The Philadelphia Orchestra**

[www.Philorch.org](http://www.Philorch.org)

1 South Broad St, Philadelphia PA 19107  
(215) 893-1999

Sensory-friendly performances and concerts that include calming spaces, lighting adjustments, trained staff and interaction between musicians and audience members.

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### **Play Pad Bucks County**

<https://www.playpadbucks.com/>

860 Town Center Drive, Langhorne, PA 19047  
267-568-2348 or [hello@playpadbucks.com](mailto:hello@playpadbucks.com)  
Open 9:30AM – 7PM most days!

Playpad is an indoor play area designed for children 0-9 years old. It is our mission to provide a safe, clean, friendly, and interactive environment for children to learn through play! Children can develop their imagination and cognitive skills at our "My Town" and improve their fine and gross motor skills by exploring our multi-level indoor playground or our sensory room. Social building skills are encouraged with a diverse selection of toys such as trains, blocks, and ride ons. We cater to children of all needs with a designated baby/toddler area, and special needs and sensory toys.

## **Please Touch Museum –**

### **Play Without Boundaries Events**

<https://www.pleasetouchmuseum.org/accessibility/>

4231 Avenue of the Republic, Philadelphia, PA 19131  
215-581-3181

Sign up to receive notice of upcoming dates – [education@pleasetouchmuseum.org](mailto:education@pleasetouchmuseum.org)

For this special event, the Museum is adapted to provide a relaxed environment for individuals with autism, learning differences, and other sensory or communication needs.

During Play Without Boundaries events, the Museum is closed to the general public for two hours and turns down lighting and sound to provide a quieter experience for families.

The Museum offers tools to enhance your visit including pre-trip guides, Quiet Zones, and programming with educators who are trained for autism sensitivity. Community partner resources are also provided.

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## **Settlement Music School**

[www.smsmusic.org](http://www.smsmusic.org)

Main Site – Kardon-Northeast:

3745 Clarendon Avenue, Philadelphia, PA 19114  
215-320-2620

Four Regional Sites:

Mary Louise Curtis: 416 Queen Street 19147  
215-320-2601

Germantown: 6128 Germantown Avenue 19144; 215-320-2610

Wynnefield: 4910 Wynnefield Ave 19131  
215-320-2640

Willow Grove: 318 Davisville Road 19090  
215-320-2630 (New online options available also)

Settlement Music School is an inclusive, creative community. As a member of the National Guild for Community Arts Education with the highest level of accreditation from ACCPAS, we are dedicated to providing exceptional arts education and instruction for all.

## **Smith Memorial Playground**

<http://smithplayground.org/>

215-765-4325 or [info@smithplayground.org](mailto:info@smithplayground.org)

FREE indoor playhouse located in Fairmount Park for children 5 and under, outdoor playground for children 10 and up with the famous “Giant Slide”. Free story and craft hours.

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## **Special Olympics PA**

[www.sopaphilly.org](http://www.sopaphilly.org)

215-671-5069 or [mcordell@specialolympicspa.org](mailto:mcordell@specialolympicspa.org)

Young Athletes Sports program for children 2-7 with special needs at many neighborhood YMCAs. FREE!

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## **Top Soccer**

<https://www.epysa.org/topsoccer/>

[jtdorsey@epysa.org](mailto:jtdorsey@epysa.org)

TOPSoccer (The Outreach Program for Soccer) is a community-based training and team placement program for young athletes with disabilities, organized by youth soccer association volunteers. The program is designed to bring the opportunity of learning and playing soccer to any boy or girl, age four & older, who has a mental or physical disability. Our goal is to enable the thousands of young athletes with disabilities to become valued and successful members of the Eastern Pennsylvania Youth Soccer & US Youth Soccer families.

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## **Variety Club Autism Resource Center**

<https://varietyphila.org/what-we-do/events/>

2950 Potshop Road, PO Box 609

Worcester, PA 19490

610-584-4366

Recreational events for the entire family including Autism Day at Sesame Place, Please Touch Museum, and many other events all year long – posted as registration opens

**We Rock the Spectrum Kids Gym-NE Philadelphia**  
12357-59 Academy Road, Philadelphia, PA 19154  
[www.werockthespectrumnortheastphilly.com](http://www.werockthespectrumnortheastphilly.com)  
215-904-6280

We Rock the Spectrum NE Philly is committed to providing a safe, nurturing, and fun environment to foster learning, exploration and safe sensory experiences. Open 930am-7pm most days

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### **YMCA**

[www.philaymca.org/](http://www.philaymca.org/)

Columbia North: 1400 N. Broad St.19121,  
215-235-6440

Roxborough: 7201 Ridge Ave 19128,  
215-482-3900

Christian St: 1724 Christian St. 19146  
215-735-5800

West Philly: 5120 Chestnut Street 19139,  
215-476-2700

Northeast Family: 11088 Knights Rd., 19154,  
215-632-0100

Stephen Klein Wellness: 2108 Cecil B. Moore Avenue  
Philadelphia, PA 19120,  
215-400-2100

The YMCA now accepts some insurance to cover registration/monthly fee payments!!

Programs are offered at all locations are for children of different ages with special needs. Programs and ages vary. This includes sports and recreation, swimming, daycare/childcare, after school programs, and summer camps. Fees do apply.

## **DENTISTS**

### **Doc Bressler's Cavity Busters**

Multiple locations throughout Philadelphia.  
<https://www.cavitybusters.com/>  
215-543-5555

Provides dental services for infancy through teenage years and has experience treating special needs clients at all locations.

### **St. Christopher's Hospital for Children**

<https://towerhealth.org/locations/st-christophers-pediatric-associates-dental-medicine>  
160 East Erie Avenue, Philadelphia, PA 19134  
215-427-5065

As a pediatric academic medical center, we specialize in caring for kids — including advanced expertise in caring for children with special needs. We offer everything from routine checkups and preventive care to complex dental procedures.

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### **University Penn School of Medicine in affiliation with CHOP**

<https://www.chop.edu/centers-programs/division-dentistry>  
240 S 40th St, Philadelphia, PA 19104  
215-898-8965

Offer comprehensive care for children with special medical, physical or emotional needs, ages 1-12

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### **Special Smiles**

<https://specialsmilesld.com/>  
2301 E. Allegheny Avenue, Suite 202  
Philadelphia, PA 19134  
267-639-6250

Ages 8 and up. Special Smiles Ltd participates with the following insurance companies: Access, United Healthcare Community Plan, Keystone First, Keystone CHC, Amerihealth Caritas, UPMC CHC and PA Health and Wellness. Patients must require general anesthesia only. Must have a referral from a dentist.

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### **Pediatric Dental Associates**

Multiple Locations  
<https://pediatricdentalassociates.com/>  
1-877-PDA-KIDS

6 mos-21 years. Parent education is available on the website for how to have a good dental visit with a child on the spectrum.

# DIAPERS AND TOILETING RESOURCES

## The Diaper Program

(Only for children over 3)

If your child is three years of age or older and is using diapers because of a developmental delay or medical reason he/she can receive a case of diapers and wipes delivered to your home.

**For Child with Medical Assistance, here is what you can do:** Call your child's health provider (this is usually the number written on the back of your medical card). 1. Ask the insurance provider what Durable Medical Equipment Company they contract with in your area and get the name and phone number of that company. 2. Call the equipment company and explain that you want to get your child on the diaper program. They will do an intake with you over the phone and then they will ask you to call your doctor and have the doctor fax a prescription for diapers and wipes to them. Get the equipment company's fax number. 3. Call your doctor's office and explain that you need to fax a prescription for diapers directly to the equipment company. The prescription needs to include the child's size and diagnosis. 4. Soon you will begin to receive diapers each month. You will need to renew this process each year if your child continues to need them. 5. If you do not receive the diapers and wipes please call the Medical Equipment Company to check in with them.

## For children with Private Insurance in addition to Medical Assistance (i.e. from a parent's job).

1. Submit the diaper prescription to the health plan for payment to the durable medical equipment company.
2. The private health plan will deny the payment. Ask for a denial letter in writing.
3. Resubmit the claim to the medical assistance plan provider with the written denial from the private health plan.
4. The durable medical equipment companies can guide you through the rest of the process.

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## AOTA Establishing Toileting Routines for Children Guide

[Establishing-Toileting-Routines-for-Children-Tip-Sheet.pdf \(aota.org\)](#)

Tips for families establishing toileting routines with their child.

# ENGLISH AS A SECOND LANGUAGE/ MULTILINGUAL SUPPORTS

## The School District of Philadelphia Office of Family and Community Engagement (FACE)

<https://www.philasd.org/face/>

Multilingual Family Support.

FACE assists families in navigating the School District and offers opportunities for families to actively take part in their children's academic lives.

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## MyPlace Adult Education and ESL

[www.phila.gov/programs/adult-education](http://www.phila.gov/programs/adult-education)

Philadelphia's myPLACE network offering adult education and career readiness classes throughout the city. myPLACE classes help residents get the skills they need for work and life. ESL, Math and Reading, GED.

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## Nationalities Service Center

[nscphila.org](http://nscphila.org)

Offers low-cost ESL and language proficiency classes both online and in-person

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## Free Library of Philadelphia

<https://libwww.freelibrary.org/programs/languages-learning-center/>

The Free Library offers classes and groups for English language learners.

# FAMILY SUPPORT PROGRAMS/ GROUPS

## Temple University's Families First

<http://www.temple.edu/instituteondisabilities/families-first/>

iod@temple.edu

Voice: 215-204-1356 | TTY: 215-204-1805

Temple University's Families First program, through the Institute on Disabilities, is a free parent empowerment training and support program dedicated to families receiving early intervention in Philadelphia. All families receiving early intervention services in Philadelphia are welcome to access the free training and networking opportunities that Families First has to offer! This program is partially funded by Elwyn ELS

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## Vision for Equality

<https://www.visionforequality.org/>

718 Arch Street, 6N, Philadelphia, PA 19106

(215) 923-3349

Located in Philadelphia, assists and empowers people with disabilities and their families to seek quality and satisfaction in their lives as well as equal access to supports and services.

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## Hispanos Unidos para Ninos Excepcionales (HUNE) Hispanics United for Exceptional Children

<https://www.huneinc.org/>

3548-52 K St, Philadelphia, PA 19134

(215) 425-6203,

HUNE is a not-for-profit organization that provides free bilingual English and Spanish training, technical assistance and individual assistance to families of infants, toddlers, children, and youth with disabilities and to professionals who work with children.

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## Parent to Parent of Pennsylvania

<http://www.parenttoparent.org/>

In Pennsylvania, the Parent-to-Parent program is based on the philosophy that parents of children and adults with disabilities or special needs can be helped by other parents who have traveled the road before them. The model is a one-to-one match between an experienced, mentor parent, called a peer support parent and a parent seeking individualized support from another parent who has been there.

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## Early Intervention Technical Assistance (EITA)

<http://www.eita-pa.org/families/>

The information on this page is geared to help families connect with other families and get more involved in shaping Early Intervention services at the local and statewide levels. Also included are some key resources that may be of interest as you support your child's learning and development and begin to navigate and understand the Early Intervention and Early Childhood programs in Pennsylvania.

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## DHS - Parent Education and Support

<https://www.phila.gov/programs/parenting-education-and-support/>

215-727-3687

Being a parent can be challenging. The Department of Human Services (DHS) is here to support you by providing free classes and support groups, as well as Parent Café's. Whether you are single, a dad or mom, a teen, foster, kin, or an incarcerated parent, we have resources for you to tap into when you need some support.

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## DHS – Family Empowerment Services (FES)

<https://www.phila.gov/programs/family-empowerment-services-fes/>

215-683-4000

FES workers assess your needs and put in place the appropriate services to address them---whether you need help linking to a social or economic service or could just use some parenting guidance.

**Child Guidance Resource Center (CGRC) - Family First Program**

<https://www.cgrc.org/services/11/family-first>

267-713-4100

info@cgrc.org

Family First is a 32-week process. Your family is assigned a team of two Master's level clinicians who work closely with you in the home, school and community to address not only your child's emotional struggles but the larger systemic issues contributing to your concerns.

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**Philadelphia School District Parent and Family Resource Center**

<https://www.philasd.org/face/programs-services/parent-and-family-resource-center/>

440 North Broad Street, Suite 131

Philadelphia, PA, 19130

215-400-4180

This is a one-stop-shop that provides parents with support in resolving concerns, exploring ways to better support their child's education, navigating the School District of Philadelphia and provides information about the district's policies, procedures, programs, and services. The Parent and Family Resource Center also shares information about community-based programs and resources, conducts a variety of parent workshops, and has a fully equipped computer lab for family use.

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**West Philadelphia Parents for Autism Children Sensory Social Supports (PACSSS)**

267-231-4120 or 215-472-2764

westphilapacs@gmail.com

\*\*\*Meetings are held virtually until further notice\*\*\*

West Philadelphia Parents for Autism Children Sensory Social Supports (PACSSS) is a monthly group for parents and caregivers of teens and young adults with autism who are dealing with transitioning and advocacy. The group seeks to inform parents and young adults on how to navigate the system and learn what is available to them. It will also be a safe place to share information and meet other families. Free parent support group – no registration required. Meetings held the 4th Wednesday of the month from 5-6:30 PM

**Grand Family Resource Center at SOWN (Supportive Older Women's Network)**

[www.sown.org](http://www.sown.org)

4100 Main St., Philadelphia, PA 19127

215-487-3000

FREE! Provides educational counseling, information/referral, and supportive services to grandparents raising families. Group, one on one, and phone support available.

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**CHOP Sibshops**

<https://www.chop.edu/events/sibshops-chop>

Sibshops is held six Saturdays a year for siblings in first to eighth grades. It is a fun and rewarding program for brothers and sisters of children with special health or developmental needs to gain peer support and education through facilitator led discussions, activities and games.

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**Kinney Center Sibshops at Saint Joseph's University**

<https://adminlb.imodules.com/s/1378/kinney/interior-hybrid.aspx?sid=1378&gid=56&pgid=2869>

5600 City Avenue, Philadelphia, PA 19131

(610) 660-2170

Sibling support groups – autism specific.

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**PA Sibling Support Network, Inc.**

[www.passn.org](http://www.passn.org)

Sibling support group more focused on adults who are siblings of people with special needs.

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**SPIN Strengthening Bonds Support Services (SBSS)**

10501 Drummond Road, Philadelphia, PA 19154

Provides a monthly parent/caregiver support group for families covering general support topics as well as Autism specific. Groups are held the 3rd Wednesday of each month at our Drummond Road and Orthodox locations. Zoom option available for each meeting as well. Contact Karen Smith, MSW at [kasmith@spininc.org](mailto:kasmith@spininc.org) for more information. Information also available on Facebook @ SPIN Autism Center for Excellence.

# FAMILY HEALTH TRAINING ACADEMY

## Family Health Training Academy | A Running Start Philadelphia – Health

<https://runningstarthealth.phila.gov/family-health-training-academy/>

Website containing brief e-modules covering topics related to family health created by Philadelphia experts.

Brief video clips that provide information and tools regarding a variety of health issues ranging from Child Health and Wellness, to Smoking Cessation, Self Care and more

## FEEDING

### Listing of Food Resources in Philadelphia [Citywide](#)

[Listing of Food Resources](#)

[En Espanol](#)

[For Seniors](#)

[Benefits of SNAP in Philly](#)

By neighborhood: [NE](#), [NW](#), [SW/West](#), [West](#), [19121/32](#), [19122/25/33/34](#) (North), [19123/30](#)

Download listing of food resources in Philly including income-based food resources, emergency food resources, and fresh food resources.

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### The Food Trust

[www.thefoodtrust.org](http://www.thefoodtrust.org)

[Click here for map](#)

1617 JFK Blvd Suite 900. 215-575-0444.

[Click here](#) for info on Philly Food Bucks to get extra healthy foods with your Access Card

Committed to improving people's health and eliminating malnutrition by ensuring that everyone has access to affordable, nutritious food and nutrition education. Operates low cost, fresh food farmer's markets throughout Philadelphia

### WIC (Women, Infant, and Children's Program)

<https://www.pawic.com/>

1300 W. Lehigh Ave. #104, Philadelphia, PA 19132  
215-978-6100, or 800-743-3300

[Click here for locations](#)

WIC is a supplemental food and nutrition education program funded by federal and state governments to make nutritious foods available to women, infants and children. The following persons may be eligible: Women who are pregnant, breastfeeding, or who have given birth within the past 6 months, Infants, Children under 5 years old.

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### COMPASS

[www.compass.state.pa.us/Compass.Web/public/cm-home](http://www.compass.state.pa.us/Compass.Web/public/cm-home)

COMPASS—Commonwealth of Pennsylvania Access to Social Services—is a web site that allows individuals and community-based organizations access to screen for, apply for, and renew a broad range of social programs including Food Stamps, Health Care, Cash Assistance etc. See what your family is eligible for!

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### Greater Philadelphia Coalition Against Hunger

[www.hungercoalition.org](http://www.hungercoalition.org)

215-769-0659. Operates Food Stamp Hotline

215-430-0556 to see if you qualify.

[Click here](#) for listing of food resources throughout Philly

[En Espanol](#)

Provides information on various food programs to low-income Philadelphians including Food Stamps and Emergency Food resources.

### **FREE Nutritious food in Philly**

Sites are open Mondays and Thursdays from 10 am–12 pm

Residents can pick up one box per household. Supplies will last up to five days. Residents do not need to present an ID or proof of income for eligibility. Food sites are supported by the city, Share Food Program, and Philabundance. Click here for locations <https://www.phila.gov/food/#/>

Food sites where any resident can pick up free food for their household. Student meal sites where any child can pick up free meals.

#### **Listing of Free Meals in Philadelphia**

English: [https://cap4kids.org/philadelphia/files/2017/01/FREE-MEALS\\_3.19\\_21.pdf](https://cap4kids.org/philadelphia/files/2017/01/FREE-MEALS_3.19_21.pdf)

Espanol: [https://cap4kids.org/philadelphia/files/2017/01/Full-Spanish-Free-Meals-Flyer\\_9-29-16.pdf](https://cap4kids.org/philadelphia/files/2017/01/Full-Spanish-Free-Meals-Flyer_9-29-16.pdf)

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### **Philabundance Food Help Line**

866-3-HUNGRY or 877-8-HAMBRE (Espanol)

[www.philabundance.org](http://www.philabundance.org)

[Food Resource Flyer](#)

Call Monday – Friday, 8am-8pm if in need of food.

## **FREE FOOD PROGRAMS**

### **Philabundance**

3616 South Galloway Street

Philadelphia, PA 19148

1-866-348-6479

Working to end hunger and malnutrition in the Delaware Valley by distributing food through over 350 organizations serving people in need. Services Bucks, Montgomery, Delaware, Chester and Philadelphia counties in PA. Burlington, Camden, Gloucester and Salem counties in NJ.

### **Food Helpline**

Multiple Locations

1-800-319-FOOD (1-800-319-3663)

Hours: 8:30am - 4:30pm Mon-Fri

When you call the Philabundance Food Help Line, a dedicated bilingual staff member will find the appropriate resources based on the client's location, including food pantries, Fresh for All produce distributions and Emergency Box locations.

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### **Share Food Program**

2901 W. Huntington Park Ave

Philadelphia, PA 19129

(215) 223-2220 or [info@sharefoodprogram.org](mailto:info@sharefoodprogram.org)

Share Food Program works with hundreds of community-based organizations and partners across the Philadelphia region to provide nutritious food to anyone facing food insecurity. It also offers home deliveries for seniors

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### **Free Food in Philly**

Multiple Locations

<https://www.phila.gov/food/>

Food sites where any resident can pick up free food for their household. Student meal sites where any child can pick up free meals. Residents do not need to present an ID or proof of income for eligibility. Food sites are supported by the city, Share Food Program, and Philabundance.

## **FREE LUNCH PROGRAMS (SUMMER)**

### **Summer Food Service Program (SFSP)**

Call 211, 1-866-3Hungry, or 1-877-8Hambre

OR Text "FOOD" or "COMIDA" to 877877

The Summer Food Service Program (SFSP) is a federally funded, state-administered program. SFSP reimburses program operators who serve free healthy meals and snacks to children and teens in low-income areas. Find a summer food service program meal site near you: Download the Range app to your mobile device or visit [fns.usda.gov/meals4kids](https://fns.usda.gov/meals4kids) – meal sites are added and removed throughout the summer, so check the webpage often to ensure you have the most up-to-date information.



# HAIRCUTS

## **Nest Salon**

1301 Locust Street, Midtown Village,  
Philadelphia, PA 19107

<https://www.nestcentercity.com/page.aspx/contentId/17/Kids-Salon/>

215.545.NEST(6378)

Kid's only salon -Philadelphia Family LOVE Awards Winner 2020. Nest offers enrichment classes, an indoor playground, and boutique, as well as a Kids Salon that offers haircuts from first haircuts to big kids. They also do specialty styles for special occasions, and even host glamour-themed birthday parties.

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## **Wiggle Worms Children's Hair Studio**

7 Bustleton Pike Feasterville Trevose,  
Pennsylvania 19053

<https://wiggle-worms.square.site/>

(215) 431-2378

Wiggle Worms specializes in providing kids with a positive hair cut experience. They have special vehicle chairs for kids to sit in and a play area in the waiting room. They specialize in providing haircuts for children with special needs.

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## **Kids Kuts (Springfield PA)**

400 S State Road, Suite 5  
Springfield, PA 19064

<https://www.hairsalon4kidsdelawarecountypa.com/>

(610) 543-5006

Kids Kuts offers animal themed chairs for younger kids and a sports themed area for older kids. They offer haircuts for toddlers through teens. Movie's while getting their hair cut. The salon staff specialize in providing haircuts for special needs children.

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## **Wild Styles Hair**

301 York Road, Suite 101  
Warminster, PA 18974

<https://wildstyleshair.org/>

215-394-8491

We specialize in children 0-18. We cater to even the most nervous of children to help make their experience a pleasant one. We have tablets that have YouTube kids or a ton of video games the kids can play! Not only do we have the tablets, but we also have TVs at each station for your children to watch all while getting their haircut!

## **Cookie Cutters Haircuts for Kids**

1516 Paoli Pike, West Chester, PA 19380

<https://www.haircutsarefun.com/location/westchester-pa>

(484) 947-2872

The goal of Cookie Cutters Haircuts for Kids is to show all children how fun a haircut can be. With fantasy chairs, kids can sit in a pretend vehicle while getting their hair cut, play on the slide and playland in the waiting room, watch TV and even play a video game. The salon uses natural hair care products for comfort and ease. The salon staff cater to children with special needs as well.

# HOUSING

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## **ACHIEVEability**

21 South 61st Street Philadelphia, PA 19139

215-748-8800

ACHIEVEability is a nonprofit working to permanently break the generational cycle of poverty for low-income, single parent and homeless families through higher education, affordable housing, supportive services, community and economic development and accountability.

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## **Broad Street Ministry**

315 S. Broad St., Philadelphia, PA 19107

215-735-4847

Hours: Mon – Fri 7AM – 7PM

Sat – Sun 3PM – 7PM

Monday Dental Screenings – 9:30 – 11:30 AM

Monday – Music Mondays 1:30 – 2:45 PM

Wednesday and Friday Mail Service – 11:30 – 2PM

Tuesday and Thursday Mental Health Nurse 11:30 –

2PM Monday and Thursday Threadz (clothing closet) 12- 2PM

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## **Dreuding Center**

413 W. Master Street, Philadelphia, PA 19122

215-769-1830 or [dreudingcenter@holyredeemer.com](mailto:dreudingcenter@holyredeemer.com)

<http://www.dreudingcenter.org>

As a Catholic Health System, rooted in the tradition of the Sisters of the Holy Redeemer, Dreuding Center provides transitional housing programs for single homeless women and their children referred by Philadelphia OSH

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**Families Forward**

111 N. 49 Street, Philadelphia, PA 19139  
215-240-4800 Ext. #100

Families Forward operates the largest emergency shelter for families experiencing homelessness in Philadelphia, including serving single fathers and teenage boys. Our family residence (emergency shelter) serves 65 families at a time, each in their own separate room: a feature unique to Families Forward. In addition to the family residence, Families Forward operates 75 units of transitional and permanent supportive housing units mostly in West Philadelphia.

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**Friends Neighborhood Guild, Inc.**

701 N 8th St 8th and Fairmount  
Philadelphia, PA, 19123  
(215) 923-1544 Ext: 100

May provide free baby diapers and household goods. This can be kitchen utensils, electronics, furniture, and general clothes.

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**Help for the Hurdles**

Help for the Hurdles resource flyer:

[http://philadelphiaofficeofhomelessservices.org/wp-content/uploads/2021/02/Help-for-the-Hurdles-Flyer\\_2021.pdf](http://philadelphiaofficeofhomelessservices.org/wp-content/uploads/2021/02/Help-for-the-Hurdles-Flyer_2021.pdf)

This program provides support with employment, professional development, childcare application assistance, transportation support, stipend upon program completion for parenting youth 18-24. Weekly orientations are offered for prospective participants. Program Eligibility: Staying in emergency shelter, able to work, and eligible for rapid rehousing.

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**Homelessness Advocacy Project (HAP)**

1429 Walnut Street 15th floor, Phila. Pa 19102  
215-523-9595  
Free legal help to individuals and families that are experiencing homelessness.

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**Hub of Hope****Concourse of the City Hall SEPTA Station**

215-305-5225  
Laundry, showers, employment assistance, housing services, social worker, clothing, health clinic

**New Life Recovery Learning Center**

3119 Spring Garden Street, Philadelphia, PA 19104  
267-507-3529

Hours: Mon – Sun 7AM – 7PM

Recreational space, computers, laundry, showers, mailing address, employment & housing assistance, food pantry. Meals daily 11:30 – 12:30 PM

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**Office of Homeless Services**

Appletree Family Center

1430 Cherry Street, Philadelphia, PA 19102 AND

Roosevelt Darby Center

802 N. Broad St., Philadelphia, PA 19130

215-232-1984- 24/7

Monday through Friday 7 am – 5 pm

Families Only Seeking Emergency Housing

After-Hours Services Salvation Army Red Shield

Family Residence Intake: Daily, Holidays & Week-ends: After 5pm

Address: 715 N. Broad Street

215-787-2887

Emergency Temporary Housing Flyer:

<http://philadelphiaofficeofhomelessservices.org/wp-content/uploads/2020/08/Emergency-Temporary-Housing-Flier-1.pdf>

Homelessness Prevention & Diversion Services:

<http://philadelphiaofficeofhomelessservices.org/wp-content/uploads/2020/08/Homelessness-Prevention-1.pdf>

The City of Philadelphia provides emergency and temporary shelter to persons experiencing homelessness. Homeless Services administers contracts with various human service organizations to provide short-term emergency housing accommodations, based on an assessment of need, to resolve an immediate housing crisis for persons and families. Case management assistance is also provided to assist households with obtaining appropriate long-term housing.

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**Office of Supportive Housing**

1401 JFK Boulevard 10th Floor

Philadelphia, PA 19102

<http://www.phila.gov/osh>

Emergency housing intake: 215-686-7150

Emergency Assistance Response Unit

Walk-ins welcome  
5252 N. 13th Street  
215-685-9087  
M-Th 9AM – 3 PM

Assess eligibility and needs of consumers for placement into emergency/alternative housing or boarding homes. OSH has the following intake and reception sites:

Apple Tree Family Center  
Single females and families  
7-3PM  
1430 Cherry St.  
215-686-7150/7151

Salvation Army/The Red Shield  
715 N. Broad Street  
215-787-2887

After hours reception for families (after 5PM)  
Station House  
2601 N. Broad Street  
215-225-9235

After hours (after 4PM) for single men  
Roosevelt Darby Center  
802 N. Broad St.  
Centralized intake for single men

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### **One Day At a Time**

2532 N. Broad Street, Philadelphia, PA 19132  
215-226-7860  
Hours; Mon – Fri 9AM – 5PM

Serves people with HIV Mon-Fri 7-8AM, 12-1PM, 5-6PM Laundry, showers, mailing address, employment & housing services, social worker, birth certificate/ID, clothing/shoes.

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### **People's Emergency Center (families)**

325 N. 39th St., Philadelphia, PA 19104-4655  
215-382-7522

People's Emergency Center (PEC) is located in West Philadelphia. PEC's mission is to nurture families, strengthen neighborhoods and drive change. For families, children, and youth experiencing homelessness, PEC offers more than 235 affordable housing units, job training, parenting and early childhood education, financial education and planning, life skills and technology classes. PEC

seeks to change the life trajectory for the families who seek its services and inspire them to achieve housing security and financial stability.

### **Philadelphia FIGHT**

1233 Locust Street 3rd Floor, Philadelphia, PA 19107  
215-985-4851  
Hours: Mon 1-4PM  
Tues, Wed, Thurs 11 AM – 3PM  
Closed Fri, Sat & Sun

Computer access, phone use, information and resource referrals, computer classes and ABE/GED prep classes also available – call for more information.

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### **Philadelphia Free Furniture Bank**

3412 J Street, Lower Level, Philadelphia, PA 19134  
215-291-9830

All counties are supported, including Bucks, Chester, and others. There may be beds, tables, couches, and many other free furniture items passed out to the low income as well as needy.

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### **Philadelphia Furniture Bank**

5201 Old York Road,  
Philadelphia, Pennsylvania 19141  
215-232-1984

This non-profit supports the entire region, including Montgomery, Bucks, and the city as well as County of Philadelphia. A major focus is on the formerly homeless. They can get free furniture such as for a bedroom, kitchen or living room. Appliances, computers for work or school, mattresses, couches, and appliances like stoves, washers/dryers and more.

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### **Philadelphia Housing Authority**

<http://www.pha.phila.gov/>  
12 S. 23rd Street, Philadelphia, PA 19103  
215-684-4000

Housing Choice Voucher Program and Public Housing Program Waitlists, Senior Designated Housing Check on status of application by calling 215-684-4500

### **The Perimeter (Veterans Only)**

213-217 N. 4th Street, Philadelphia, PA 19106

215-923-2600

Hours: Mon – Fri 8AM – 4 PM

(proof of veteran status/eligibility)

Meals/snacks, recreational space, clothing/shoes/toiletries, haircuts, computers, employment assistance, caseworkers, mailing address, housing assistance, women's center, birth certificate/ID

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### **St. Francis Inn Ministries**

2441 Kensington Avenue, Philadelphia, PA 19125

215-423-5845

Tue-Thurs 4-6 PM

Fri – Sun 11:30 – 1:00 PM

Meals, snacks, clothing

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### **The Well**

2709 N. Broad Street, Philadelphia, PA 19132

267-507-3470

Hours: Mon – Fri 7AM – 7PM

Showers: Tues & Thurs 10:45-11:45 AM

Toiletries: Tues & Thurs 10:45 – 11:45 AM

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### **Women Against Abuse (women & children)**

100 S. Broad St. Suite 1341, Philadelphia, PA 19110

215-438-5270

Providers safe havens, legal services, housing programs and supports economic empowerment.

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## **LEAD POISONING SUPPORTS**

### **Lead Free Promise Project**

[Colleenm@childrenfirstpa.org](mailto:Colleenm@childrenfirstpa.org)

See Appendix B for more detailed information.

The PA Lead-Free Promise Project released the state's first Parent Toolkit, a county-by-county interactive guide to find care for a child who tests positive for lead.

The Toolkit walks parents through six steps to help their child get healthier through 67 county specific downloadable PDF's – one for each Pennsylvania county. The guide provides detailed contact informa-

tion for care managers at health insurance plans, for companies that test homes for lead paint, for companies that remove lead paint as well as services like Early Intervention, WIC and Head Start.

## **MEDICAL ASSISTANCE**

### **Department of Human Services**

<https://www.dhs.pa.gov/Services/Assistance/Pages/Medical-Assistance.aspx>

1-866-550-4355

See Appendix B for more detailed information.

Overview on how to apply for Medical Assistance in the state of Pennsylvania.

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## **MENTAL HEALTH & SUPPORT**

### **Bethanna**

Main Office:

1030 2nd St Pike, Southampton, PA

800 394-6500

215 355-6500

South Philadelphia:

2501 Reed St, Philadelphia PA 19146

800- 285-2435 or 215 568-2435

South Philadelphia:

2147 Manton St 1st Fl, Philadelphia PA 19146

215 608-8880

All ages, evaluates for Autism, medication, psycho educational testing, wrap around, PCI.

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### **Greenridge/ INTERACT**

[www.intercommunityaction.org](http://www.intercommunityaction.org)

6122 Ridge Ave

215-487-3150

Children of all ages, evaluates for autism, evaluates for medication, wrap around, psycho-ed testing, PCIT: parent-child interactive therapy

## Foundations

<http://fbh.com/>

4641 Roosevelt Blvd, Philadelphia 19124  
(@Friends Hospital)  
833 E. Butler Ave, Doylestown, PA 18901  
215-340-1510

Children of all ages, evaluates for autism and wrap around Spanish spoken. Inpatient center for Autism.

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## NET (Northeast Treatment Center)

5th & Spring Garden, Philadelphia, PA 19123  
215-451-7000

Children of all ages, comprehensive psychiatric evaluations including autism. Evaluate for medication, wrap around, Family-based and PCIT. Spanish Speaking Staff.

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## Epic Developmental Services (previously Clarity)

4 Neshaminy Interplex, Suite 202 Trevoze, PA 19053  
215-322-8860

Provide autism services, behavioral health, therapeutic intervention, and related special educational services. Spanish and ASL staff available. ABA supervised staff.

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## Philadelphia MH Center

1235 Pine St, Philadelphia, PA 19107  
215-735-7068/9379

Children of all ages, evaluate for autism, evaluates for medication, psycho-ed testing, wrap around, outpatient and school-based therapy, PCIT!  
After school program for ages 7-12 with autism. Spanish speaking staff.

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## Progressions

3300 Henry Ave, Philadelphia, PA 19129  
215-924-0684

Children of all ages, evaluate for autism, evaluates for medication, provides wrap around, outpatient services. School based therapy, accepts the adult autism waiver

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## Silver Springs

7145 Germantown Ave, Philadelphia, PA 19119  
215-880-8823

Children ages 2-20, evaluates for Autism, medication, has wrap around. PCIT, Trauma focused CBT

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## Juvenile Justice Center

100 West Coulter St, Philadelphia, PA 19144  
215-849-2112

2821 Island Ave, Philadelphia, PA 19153  
215-365-3772

Children of all ages, evaluate for autism, evaluate for medication, provides wrap around. Spanish spoken here! PCIT!

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## Carson Valley/Children's Aid

<http://www.cvca-pa.org/>

7500 Germantown Ave, Philadelphia PA 19132  
2300 West Allegheny Ave, Philadelphia PA 19132  
215-753-8111

Children of all ages, evaluates for autism, evaluate for medication, provide wrap around.

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## SPIN Autism Center for Excellence (Behavioral Health and Autism Services)

[www.spininc.org](http://www.spininc.org)

10541 Drummond Road, Philadelphia, PA 19154  
215-612-7625

To schedule an intake for Initial Autism Evaluation, Blended Case Management, Outpatient Therapy and Group therapy, and Applied Behavioral Analysis (ABA) Services: <https://spininc.org/autismintake/>. SPIN also provides a Family Resource Coordinator (peer mentor) to support families who have received an Autism diagnosis or are receiving services within SPIN's children's programs.

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## Community Council

4900 Wyalusing Ave, Philadelphia, PA 19131  
267-295-8850

Children of all ages, evaluate for autism, evaluate for medication, outpatient therapy, provide wrap around. Therapeutic preschool called "PFI" for children with behavioral needs w/o Autism. Spanish spoken.

**Elwyn Wrap Around**

3300 Henry Ave, Philadelphia, PA 19129  
215-254-2046

Ages 3-21, evaluate for autism, evaluate for medication, provide wrap around

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**MCC**

800 Clarmont Ave, Bensalem PA 19020  
267-525-7000

Children ages 2 ½ - 21 years old, evaluate for autism, medication management, providers wrap around, outpatient therapy. Primarily a wraparound agency that specializes in serving the autism and hearing-impaired community.

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**Northern Children Services**

5301 Ridge Ave, Philadelphia, PA 19128  
215-482-1423

Age 5-21. evaluate for autism, psycho-ed testing, evaluate for medication, provides wrap around, outpatient and after school programs, PCIT

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**Northwest Human Services**

27 E. Mt Airy Ave, Philadelphia, PA 19119  
215-248-6700

NHS offers a full range of integrated services in the areas of mental health, addictive diseases, autism, education, intellectual/developmental disabilities, juvenile justice, therapeutic family care and other specialized services.

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**PA Mentor**

10601 Decatur Rd, Philadelphia, PA 19154  
215-612-8200

Children of all ages, evaluate for autism, evaluates for medication, provides wrap around. Spanish speaking staff

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**Warren E. Smith**

[www.drwes.org](http://www.drwes.org)

1315 Windrim Ave, Philadelphia, PA 19141  
215-456-2737

2514 N. Broad St, Philadelphia, PA 19132  
215-599-2848

1463 W. Lycoming Street, Philadelphia, PA 19140  
215-455-3900

Children of all ages, evaluate for autism, evaluates for medication, provides wrap around. Vietnamese/Mandarin speaking therapist

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**Wedge Recovery**

4913 N. Broad St, Philadelphia, PA 19141  
215-276-3922

1939 S. Juniper St, Philadelphia, PA 19148  
215-276-3922

6701 N. Broad St, Philadelphia, PA 19126  
215-276-3922

Children over 5, no evaluation for medication, provides wrap around. Vietnamese and Khmer (Cambodian) speaking case worker and counselor in South Philly site

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**COMHAR**

100 W. Lehigh Ave, Philadelphia, PA 19133  
(215) 203-3000

Latino Treatment Program

2600 N. American St. Philadelphia, PA 19133  
(215) 739-2669

Ages 5 and up. Evaluates for Autism, medications, has wrap around. Email is [central\\_registration@com-har.org](mailto:central_registration@com-har.org). Spanish programs available.

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**PAHrtners**

614 North Easton Road Glenside, PA 19038  
215-884-9770

Children of all ages with hearing impairments needing behavioral therapy and evaluations, case management and outpatient care (including children with autism – must have hearing impairment in addition)

### **Merakey (formerly NHS Children's Reach)**

265 East Lehigh Ave, Philadelphia, PA 19125  
215-427-1500/1-888-647-0020

Ages 3-18, can evaluate and diagnose Autism, provide medication evaluations and treatment, wrap around, Spanish spoken, Walk-In Services Available M-F from 8a.m.-10 a.m. no appointment needed!

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### **RHD Children's Services**

4700 Wissahickon Ave, Philadelphia, PA 19144  
215-508-3300

Children of all ages, does NOT evaluate for Autism, provide wrap around.

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### **Children's Services Inc.**

1315 Walnut St, Philadelphia, PA 19107  
215-670-5952

Kids 5 and up, DOES NOT evaluate for autism, evaluate for medication, provide wrap around

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## **MUSIC & ART THERAPY**

### **Settlement Music School**

[www.smsmusic.org](http://www.smsmusic.org)

Six branches serve all eight counties in the Philadelphia region, in addition to more than 13 states across the country, ensuring that excellence in arts education is available to all, regardless of location

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### **Parent to Child**

[www.parent2child.net](http://www.parent2child.net)

1226 South Broad Street, Philadelphia, PA 19146  
215-644-9176

This center offers art and music therapies to promote growth, development and social skills, parent training and sibling club. Sliding fee\*

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### **Children's Hospital of Philadelphia (CHOP)**

<https://www.chop.edu/services/creative-arts-therapies>

215-590-2001

Child Life, Education, and Creative Arts Therapy, dance/movement therapy, and music therapy

### **Philadelphia Music Therapy**

<https://www.philadelphiamusictherapy.com>

Music therapy helps people of all ages and abilities work on health and wholeness. All genres of music may be used within a therapeutic relationship via listening, singing, playing, or writing. Music Therapy is, "a systematic process of intervention wherein the therapist helps the client to promote health, using music experiences and the relationships that develop through them as dynamic forces of change" (Bruscia, 1989).

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### **Tempo Therapy**

<https://www.tempotherapy.com/about>

(610) 344-7030

Music therapy and music lessons are offered in West Chester, Media, and King of Prussia Pennsylvania, and in our Nutley, New Jersey location. Further, we offer Music Together® classes in multiple remote locations in the suburbs of Philadelphia. Classes are offered in King of Prussia, West Chester, and Media

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### **Music Therapy Associates**

<https://www.musictherapyassociates.com/about-us>

(610) 740-9890

Lehigh Valley based Music Therapy Associates, LLC is the premier provider of music therapy services in the greater Lehigh Valley area (including Philadelphia, Kutztown, Reading, Poconos, and Western New Jersey). With 28 board certified music therapists, MTA is committed to finding the perfect client/therapist pairing in order ensure client comfort, time and location flexibility, as well as the best therapeutic outcome possible.

MTA places great emphasis on collaborative efforts with other healthcare professionals including speech therapists, physical therapists, and occupational therapists. In addition to standard music therapy services, MTA also offers rehabilitation services to clients suffering from neurologic disorders including stroke, Parkinson's, dementia, and brain injuries, as well as performance/interactive music for birthday parties, family reunions, and special events

### **Child & Family Art Therapy Center**

<https://www.childandfamilyarttherapycenter.com>

(610) 649-1080

Childhood is supposed to be a magical time of fun, learning, friendship, and growing up. But sometimes things get in the way of the magic. Whether the child experiences challenges based on his/her own temperament, challenges related to family or school, or challenges with friendship, we are here to help.

## **OUTPATIENT THERAPY**

### **CHOP Center for Rehabilitation**

11 locations

<https://www.chop.edu/centers-programs/center-rehabilitation>

(215) 590-7439

Specialty rehabilitation programs for children with neuro-cognitive, neuromuscular, cardiopulmonary, integumentary, and musculoskeletal deficits and injuries. Specifically treats dystonia and spasticity.

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### **CHOP Outpatient OT & PT**

9 locations

<https://www.chop.edu/centers-programs/occupational-therapy>

(215) 590-5819

Occupational Therapy at CHOP provides services to children and young adults facing the social, emotional and physiological effects of illness and injury. Occupational therapists work with your child to enhance participation in everyday activities, play and sports, and return to home, school or work. CHOP physical therapists use exercise and therapeutic play activities to address movement, coordination, balance, strength and endurance issues in children and young adults. We also work with your child's medical team, caregivers, school and community to encourage your child to function independently.

### **CHOP Outpatient Speech Therapy**

9 locations

<https://www.chop.edu/centers-programs/speech-language-pathology/schedule-appointment>

1-800-551-5480

Offers evaluations for speech and language, stuttering, voice, and augmentative communication. A comprehensive, individualized evaluation is performed, after which the SLP will develop a plan that can be used to pursue treatment through early intervention, in school, or with a provider close to the family's home. Outpatient therapy at CHOP may also be recommended.

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### **Theraplay**

Multiple Locations

<https://theraplayinc.com/therapy-services/outpatient-services/feeding-programs/>

267-332-2989

Theraplay is part of a multidisciplinary evaluation team that can include a pediatrician, gastroenterologist, nutritionist, occupational therapist, speech therapist and behaviorist. Theraplay therapists consult with appropriate medical and therapy staff to ensure children are developing safe and healthy feeding patterns.

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### **St. Christopher's Outpatient PT**

<https://testing-stage.towerhealth.org/locations/st-christophers-pediatric-associates-physical-therapy-e-erie-avenue>

(215) 427-5497

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### **Make Your Mark- Outpatient OT**

<https://www.makeyourmarkot.com/contact.html>

(484) 451-8003

At Make your Mark Occupational Therapy Services, we use an innovative and proven approach through nature, rhythmic movements, play and adventure to help your child become more confident and independent in school and home.



### **Philly OT- Outpatient OT**

<https://www.phillyot.com>

(215) 356-0319

Philly OT provides pediatric occupational therapy services to the Philadelphia community. From a private studio in Fairmount, we work with you to provide your child with the skills they need to reach their full potential.

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### **B.Well OT- Outpatient OT & Feeding**

<https://www.bwellot.com>

TOTs/feeding, pediatric development, and co-regulation

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### **Speak Play Grow- Outpatient Speech Therapy**

<https://www.speakplaygrow.com>

Speech therapy services specializing in collaborating with families and caregivers in natural environments and routines. ASHA-certified Speech-Language Pathology services specializing in the development of age-appropriate articulation, language and literacy skills and the development of total communication strategies.

## **RESPITE**

### **The Sally Watson Center**

5128 Wayne Avenue (Germantown),  
Philadelphia, PA 19144  
(215) 844-6931

Offers FREE respite services for families Monday-Friday, 7am-5:45pm for ages 0-5. Families must call intake and have proof of child's immunizations prior to beginning respite services.

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### **Baring House**

3401 Baring St, Philadelphia, PA 19104  
(215) 386-0251

FREE 24-hour emergency respite care for children ages 0-5. Telephone intake process includes proof of child's immunizations prior to beginning respite services.

### **Home Health Aid and Nursing Services**

Aveanna: (215) 884-3737

[www.aveanna.com](http://www.aveanna.com)

Bayada Nursing: (215) 988-9006

[www.bayada.com](http://www.bayada.com)

Caregivers America: (215) 698-8888

[www.caregiversamerica.com](http://www.caregiversamerica.com)

Loving Care: (610)668-3333

[www.lovingcareagency.com](http://www.lovingcareagency.com)

Marscare: (215) 763-3992

[www.marscare.com](http://www.marscare.com)

Team Select Homecare: (484) 406-5000

Visiting Nurse Group: (215) 829-8888

[www.visitingnursegroup.com](http://www.visitingnursegroup.com)

In some cases where a child has a diagnosis, medical needs, or skilled nursing needs, families may be able to obtain home health aide services from a home-nursing agency.

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### **So Love Autistic Center for Childcare**

[www.solovecenter.org](http://www.solovecenter.org)

433 Burmont Rd, Drexel Hill, PA 19026  
(610) 446-3680

Accepts CCIS. Follows the Early Start Denver Model and other behavior-based strategies.

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### **The Variety Club: Weekend Retreats**

[www.varietyphila.org](http://www.varietyphila.org)

(610) 584-4366

Weekend retreats for children and young adults ages 7-21 offering a wide variety of activities, contact for more information regarding pricing.

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### **Family Friends Program at Temple University**

[Education.temple.edu/igc/programs/family-friends](http://Education.temple.edu/igc/programs/family-friends)

Volunteers may provide in-home companionship and respite for children with special needs.

### **St. Joseph’s University Kinney Center for Autism**

<https://www.sju.edu/kinney/autism-services/camps-and-recreation/respite>

(610) 660-2170

“Family Night Out,” Saturdays throughout the academic year, the Kinney Center hosts Family Night Out for individuals with autism and their siblings ages 5-14.

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### **The Friendship Circle, “Friends at Home”**

[phillyfriendshipvirtual.com](http://phillyfriendshipvirtual.com)

Connects teens and young adults to youth with special needs and their families in the Jewish community at large, through a full range of social offerings.

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### **Philadelphia Department of Behavioral Health**

(215) 685-4746

<http://dbhids.org/children-s-services/respite/>

For children ages 6-15, child must be receiving services from CBH and child must have Medical Assistance.

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### **Nancy’s House**

(215) 885-0753

[www.nancys-house.org](http://www.nancys-house.org)

Nonprofit organization that offers 1-to-3-day retreats meeting the physical, emotional and practical needs of family caregivers.

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## **SERVICE ANIMALS**

### **UDS Foundation**

<https://udservices.org/services/personal-care-independence/service-dogs/>

UDS service dogs are trained from pups for over two years by a team of dedicated volunteers and professionals. Then, they’re partnered with people who have a mobility disability or autism to help them live fuller lives. We’re here to provide help with getting a service dog in Pa.

### **Canine Partners for Life**

<https://k94life.org>

Canine Partners for Life (CPL) is a non-profit 501(c)(3) organization dedicated to training service dogs, home companion dogs, and residential companion dogs to assist individuals who have a wide range of physical and cognitive disabilities.

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### **Keystone Human Services**

<https://www.khs.org/what-we-do/assistance-dogs/apply-now/>

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### **New Hope Assistance Dogs**

<https://newhopedogs.net>

New Hope Assistance Dogs Inc., is a non-profit organization located in Warren, Pennsylvania. We provide custom trained Assistance Dogs for seizure, mobility, hearing, PTSD related issues and a multitude of other disabilities for both children and adults.

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## **SLEEP**

### **Sleep Center**

Children’s Hospital of Philadelphia

(215) 590-3749

For children that are experiencing more frequent and longer lasting sleep problems that require an evaluation by a sleep specialist. Recommend consulting with pediatrician first.

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### **Bedtime for Preschoolers Guide**

Illinois Early Learning Project

See Appendix B for more information.

Tips for establishing a bedtime routine for preschool age children.

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### **Making Life Easier (Bedtime, Naptime)**

Pamelazita Buschbacher, Ed.D

See Appendix B for more information.

Tips for establishing bedtime and naptime routines.

# SUMMER CAMPS / ACTIVITIES

**The City of Philadelphia Summer Program Guide**  
<https://www.phila.gov/services/culture-recreation/activities-and-events/register-for-summer-camp/>  
215-683-3600

Neighborhood Day Camps for ages 6-12

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**The School District of Philadelphia Summer Program Guide**  
<https://www.philasd.org/academics/summerprograms/>  
215-400-4200

Includes virtual transition to kindergarten support sessions, services for ESL families, etc.

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**Variety Club Developmental Camps**  
2950 Potshop Rd, Worcester, PA 19490  
610-584-4366

Day Camp:  
<https://varietyphila.org/day-camp>  
camp coordinators@varietyphila.org

Overnight Camp:  
<https://varietyphila.org/overnight-camp>  
overnight.coordinator@varietyphila.org

Vocational Program  
<https://varietyphila.org/summer-vocational>  
tyler.kammerle@varietyphila.org

(Prices vary per program)  
Day Camp: Youth with disabilities ages 5-21.  
Overnight Camp: For youth w/ disabilities ages 7-21.  
Stay over from Sunday to the next Saturday.  
Vocational Program: For youth w/ disabilities ages 16-21. Summer program to learn job skills in work-related activities including landscaping, cooking, office duties, camp store, etc.

**Madeline Moore Summer Camp Grant**  
<https://dbhids.org/summer-camp/Madeline-Moore-Grant/>  
summerCamp\_DBHIDS@phila.gov

ONLY for children who are receiving CBH services. Provides up to \$400/ year for camp available through CBH.

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**Child Guidance Resource Center**  
2901 Island Ave, Philadelphia, PA 19153  
<https://www.cgrc.org/services/8/create>  
267-713-4100

CREATE is a year-round, innovative group outpatient service for children and young adults with autism. Participants build social and communication skills, improve problem solving and emotional regulation, and enhance flexibility and motivation. In CREATE, we help participants make and maintain friendships, enhance communication skills, develop emotional flexibility and regulation, and work with your family in order to maintain progress and growth. 3-21 year olds diagnosed with autism. Caregivers will also participate in regular family therapy to support their child's development.

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**Dragonfly Forest - YMCA**  
<https://www.campspeersymca.org/summer-camp/dragonfly-forest.html>  
campers@philaymca.org  
570-828-2329

Cost: \$750-\$780/week plus additional camp fees. Residential overnight camp for ages 7-15, in the Poconos. Also has the "Explorer" program for people with Autism ages 16-24 who need to focus on developing skills for transitioning to adulthood.

**YMCA**  
<http://www.philaymca.org/>  
Columbia North: 1400 N. Broad St,  
Philadelphia, 19121  
215-235-6440

Roxborough: 7201 Ridge Ave,  
Philadelphia, 19128  
215-482-3900

Christian St: 1724 Christian St.  
Philadelphia, 19146  
215-735-5800

West Philly: 5120 Chestnut St.  
Philadelphia, 19139  
215-476-2700

Northeast Family: 11088 Knights Rd.,  
Philadelphia, 19154  
215-632-1484

Provides Summer Day Camps at these locations –  
separate from the Dragonfly Forest YMCA Camp.

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### **St. Joseph's University Kinney Center for Autism**

<https://www.sju.edu/kinney/autism-services/camps-and-recreation/camp-kinney>

Director: Emily Haindl, BCBA; 610-660-2171;  
ehaindl@sju.edu

Summer Camp -Camp Kinney runs Monday - Thursday from 10:00 AM to 3:00 PM.

Cost is \$700/wk with 6th week free if registering for full 6 weeks. A limited number of financial assistance scholarships are available to families with strong financial need, subject to administrative approval. (REGISTRATION FULL FOR 2022)

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### **Camp Pegasus at Sacred Heart Academy**

<https://www.camppegasus.com/home>

480 S. Bryn Mawr Ave, Bryn Mawr, PA 19010  
610-649-1080 x3  
info@camppegasus.com

Campers can sign up for 1-4 sessions. Each session is 2 weeks long. Camp hours are 9:00-2:15pm for campers in our pre-school program (4-5yo). Camp hours are 9:00 am-3:00 pm for campers 6-16yo.

## **THRIFT SHOPS**

(for gently used toys and clothes)

### **The Nesting House**

542 Carpenter Lane, Philadelphia PA 19119  
215-438-1600

Gently used toys and clothing including cloth diapers, nursery & essentials, bath & health, and baby wearing  
Family engagement groups.

### **The Goodwill Industries**

<https://www.goodwill.org/>

More than 2,000 new items are on the sales floor each day. Shop in-store or online. Visit the website for more information.

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### **Circle Thrift**

2233 Frankford Ave  
Philadelphia, PA 19125  
(215) 423-1222

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### **The VMC Thrift Store**

7126 Frankford Ave

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### **The Salvation Army Thrift Stores**

Multiple Locations

<https://philadelphiaarc.salvationarmy.org/philadelphiaarc/shop-our-stores/>

## **TRANSPORTATION**

### **MODIVCARE**

[mymodivcare.com](http://mymodivcare.com)

(877) 835-7412

Medical Assistance Transportation Program

Can reimburse Medical Assistance eligible riders using public transportation or privately-owned vehicles for any medically related trip (doctor's office, pharmacy). Provides non-emergency medical transportation at no charge to Philadelphia residents, qualifying for Medical Assistance. \*Reservations must be made at least 3 days in advance of the appointment date.

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### **SEPTA Key Reduced Fare Card**

<http://www.septa.org/fares/discount/disabled-id.html>

(215) 580-7145

Riders with Disabilities are eligible for reduced fare travel on Transit.

## SEPTA ADA Paratransit Program

215-580-7145

SEPTA Customized Community Transportation (CCT) offers a demand-response (paratransit) service for individuals with disabilities. This door-to-door service is provided in accordance with the American with Disabilities Act (ADA), to registered customers, by advance reservation.

Individuals must be functionally unable to use regular, accessible public transportation for some or all of their transportation needs. An application must be completed, which may include functional assessment or in-person interview. Approval may be for “full” or partial paratransit services and can range from 6 weeks to 3 years.

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## SEPTA Senior Citizens Ride Free

[septa.org/service/cct/index.html](https://septa.org/service/cct/index.html)  
215-580-7145

Bus, subway, trolley and Norristown High Speed Line rides are free at all times for seniors aged 65 or older with a valid SEPTA Key Senior Fare Card

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## SEPTA Senior Citizens Share Ride Program

[septa.org/service/cct/index.html](https://septa.org/service/cct/index.html)  
215-580-7145

The Shared-Ride program is a door-to-door, advance-reservation, ride-sharing service, offered on a space-available basis to senior citizens 65 years of age and residents of Philadelphia. This service can be used to travel within the City of Philadelphia and to any location in the surrounding counties within three miles of the City’s border.

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## Neighborhood Bike Works

[www.neighborhoodbikeworks.org](http://www.neighborhoodbikeworks.org)  
3939 Lancaster Ave, Philadelphia, PA 19104  
215-386-0316

Neighborhood Bike Works (NBW) provides educational, recreational, and career-building opportunities for youth through bicycling; it also promotes cycling as a healthy, affordable, and environmentally friendly form of transportation. NBW’s free or low-cost youth programs include Summer Cycling Day Camp and after-school programs like Earn-A-Bike and Ride Club.

# TRAUMA SUPPORTS

## Children’s Crisis Treatment Center

1080 North Delaware Avenue, Suite 600;  
Philadelphia, PA 19125  
Phone: 215-496-0707

Offers therapeutic nursery, trauma focused Cognitive Behavioral Therapy and Child and Adult Relationship Enhancement (CARE) services.

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## Gemma Services

7301 Germantown Ave.  
Philadelphia, PA 19119

ABA/IBHS Intake & Referrals: (267) 297-5170  
FBMHS Inquiries: (215) 730-2270  
New Foster Parent Inquiries: (215) 901-7134  
Outpatient Intake & Referral: (215) 730-2326  
Outpatient Reception: (215) 247-1427

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## Gemma Services

6517 Chester Ave.  
Philadelphia, PA 19142

Reception: (215) 730-2240  
FBMHS Inquiries: (215) 730-2270  
New Foster Parent Inquiries: (215) 901-7134  
Outpatient Intake & Referral: (215) 730-2326

Offers a comprehensive continuum of mental health care in the form of therapy, in home and in school behavioral services, ABA Services, psychiatric services, and medication management for children, teens, and their families. Children ages 4-21 years old.

Trauma Focused CBT, Applied Behavior Analysis, Family Based Mental Health Services, Foster Care, Intensive Behavioral Health Services, & Outpatient Services.

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## COMHAR

[comhar.org/children-and-families](https://comhar.org/children-and-families)  
267-861-4382

Offers outpatient evaluation and counseling for youth beginning at age 5. Services include psychiatric evaluation, medication management, family therapy, individual and group therapy for children,

all with heavy focus on building familial strength and community support. Services are available both for children with existing behavioral health diagnoses and for those whose families want them to be assessed.

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**Intercommunity Action, Inc.**

Greenridge Counseling Center – Philadelphia County  
6122 Ridge Avenue  
Philadelphia, PA 19128  
Phone: (215) 487-1330

Outpatient counseling services support families and assist children who exhibit a wide variety of emotional or behavioral concerns. We offer comprehensive diagnostic and treatment services to youth and their families from age 4 to 17. Types of treatment include individual therapy, supportive group therapy, family therapy, play therapy, psychological evaluations, psychiatric evaluations, and medication monitoring.

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**Hall-Mercer at Penn Psychiatry**

Hall-Mercer Community Behavioral Health Center  
245 South 8th Street  
Philadelphia, PA 19107  
Main Number: 215-829-7271  
Intake: 215-829-3461

Child and Family Outpatient Services provide mental health evaluations and treatment to children and adolescents ages 3-18 and their families, who are residents of Philadelphia.

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**Merakey (Lehigh Avenue)**

265 Lehigh Ave  
Philadelphia, PA 19125  
215-427-1500

Merakey offers a range of services for children, adolescents and their families in areas of mental health including trauma focused CBT. They provide services in both the community and at Merakey locations, offering treatment and support that focuses on resiliency.

**NET**

Children’s Behavioral Health Services  
499 N. 5th Street, Suite D  
Philadelphia, PA 19123  
Phone: 215.408.496

NET provides a continuum of trauma informed care designed to promote resiliency. We offer site-based therapy; home, school and community-based treatment; intensive family therapy on site or home-based; and site or home-based services to address the specific needs of children with an autism spectrum disorder (ASD). In all levels of care the treatment team collaborates with other systems and services that are being provided to assure an integrated and comprehensive approach to care.

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**Northern Children’s Services**

215-482-1423  
Ages 5 to 21 years old.

This program addresses the needs of children, youth and families, who are experiencing difficulties such as traumatic, academic, emotional, or social stress. The outpatient program offers individual, family and group therapy depending on the needs of the child and youth

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**Joseph J. Peters Institute**

100 South Broad Street, 17th Floor  
Philadelphia, PA 19110  
Phone: 215-701-1560 ext. 5028

Provides trauma focused cognitive behavioral therapy and Child and Adult Enhancement Relationship (CARE) services. Offers trauma treatment services and therapeutic care to child, adolescent, and adult survivors of all types of trauma

**Center for Families and Relationships (CFAR)**

7901 Bustleton Avenue, Suite 300  
Philadelphia, PA 19152  
215-537-5367

FAR’s outpatient mental health program for adults and children is located in Northeast Philadelphia and provides individual, family and couples counseling depending on the needs of the individual. Art therapy, play therapy, family therapy and psychiatric evaluations.

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### **CFAR's Children Deserving Services Program**

Phone: 215-537-5367 ext. 4004

Provides outpatient mental health counseling and psychiatric services to uninsured children and their families. Services are designed to strengthen the family system and are offered by Telehealth or in person and in English and Spanish, with additional languages offered through interpreter services.

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### **CFAR Gun violence Related Trauma Program**

Concilio

141 E. Hunting Park Avenue

Philadelphia, PA 19124

215-537-5367 ext. 4005

CFAR is now offering systemic trauma services to help reduce gun violence in the most impacted by gun violence in the city including 19124 and surrounding zip codes. Therapists provide trauma services using evidenced based practice such as Trauma-Focused Cognitive Behavioral therapy (TF-CBT) for children and Prolonged Exposure (PE) for adults. CFAR holds bi-weekly community workshops to help educate and support those who have experienced trauma due to violence in the community.

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### **Caring Together Program**

4700 Wissahickon Avenue, Philadelphia, PA 19144

(Wissahickon and Route 1/Roosevelt Boulevard)

215-967-2130

The Caring Together Program helps women, their children and loved ones overcome substance abuse and start a new life without drugs and alcohol. The program utilizes a multidisciplinary team approach to treat substance use and mental health disorders along with other issues that may have caused or resulted from substance use. Services available are trauma informed substance use and psychiatric disorder treatment including medication assisted treatment for opioid use disorder, individual and group sessions focused on substance use education, relapse prevention, anger management, parenting, grief and loss, coping with trauma, life skills training and support for family reunification. Referrals to other services for family members are available. To participate in the Caring Together Program, women must be 18 years or older.

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### **La Puerta Abierta**

[lpa-theopendoor.org](http://lpa-theopendoor.org)

1-610-745-1952

LPA provides pro bono comprehensive, trauma-informed mental health services – including individual, family, and group therapy – to the Latino immigrant and refugee community in the five-county Philadelphia region.

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### **Hospital Based Child Protection Services**

St. Christopher's Hospital for Children

215-427-6869

St. Christopher's Hospital for Children's Child Protection Clinic at Front and Erie helps minimize the potential for further trauma from abuse by completing the medical evaluation and providing psychosocial support for the affected child and family.

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### **Children's Hospital of Philadelphia's (CHOP)**

215-590-4923

Children's Hospital of Philadelphia's (CHOP) Safe Place: The Center for Child Protection and Health, also provides compassionate evaluations of abused children and advocates on their behalf.

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### **Turning Points for Children**

[www.turningpointsforchildren.org](http://www.turningpointsforchildren.org)

215.875.8200 or 215.875.4963

Free trauma-informed parenting classes for all residents of Philadelphia. Classes are offered in the daytime and evening. Tokens, childcare and food provided. Location of sites varies depending on the program.

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### **Anti-Violence Partnership (AVP)- Counseling Center**

2000 Hamilton Street, Suite 300,

Philadelphia, PA 19130

215-567-6776

At the AVP Counseling Center, counseling is provided, free of charge, to adult and child co-victims of homicide and victims who have been traumatized by other forms of violence. AVP's licensed counselors have specialized training and experience in assisting co-victims of homicide and victims of crime.

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## After the Injury

[www.aftertheinjury.org](http://www.aftertheinjury.org)

Website to help children recover from physical and emotional injury and trauma.

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## We Can Heal from Trauma

[Wecanhealfromtrauma.org](http://Wecanhealfromtrauma.org)

Great resource from Healing Hurt People on healing from trauma.

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## National Child Traumatic Stress Network

[www.nctsn.org/audiences/families-and-caregivers](http://www.nctsn.org/audiences/families-and-caregivers)

Information for families who have experienced trauma or loss.

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## Sesame Street- Helping kids with Traumatic Experiences

[sesamestreetincommunities.org/topics/traumatic-experiences/](http://sesamestreetincommunities.org/topics/traumatic-experiences/)

Dozens of activities from birth to 7 years old to help young children cope with traumatic stressors in their lives.

# UTILITIES

## The Pennsylvania Low Income Home Energy Assistance Program (LIHEAP)

<http://www.pgworks.com/>

1-866-857-7095.

If you want to call the utility company directly call (215) 787-HEAT (4328) for PGW and ask about their Customer Responsibility Program (CRP) or CRISIS grants for low-income people or 1-800-344-3574 for PECO.

### PECO Assistance Programs

[LIHEAP Application](#)

[LIHEAP info](#) — Spanish

[LIHEAP Application](#) — Spanish

Helps low-income people pay their heating bills through energy assistance grants. People need not have an unpaid bill to receive energy assistance. People can receive this money without being on welfare

## UESF

[www.uesfacts.org](http://www.uesfacts.org)

215-972-5170

Provides grants to income eligible families who have applied already to LIHEAP but are at risk of having their utilities terminated or have a notice of shut off.

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## The Low-Income Household Water Assistance Program (LIHWAP)

[www.compass.state.pa.us](http://www.compass.state.pa.us)

[LIHWAP Handbook](#)

[LIHWAP Flyer](#) — English

[LIHWAP Flyer](#) — Spanish

Paper: You can download a paper application, print it, fill it out, and return it to your local county assistance office.

[LIHWAP Paper Application](#) — English (PDF)

[LIHWAP Paper Application](#) — Spanish (PDF)

Phone: Request an application by calling the State-wide Customer Service Center at 877-395-8930 or call PA Relay at 711 for the hearing impaired.

In-Person: Applications are available at your local county assistance office.

Temporary emergency program to help low-income families pay overdue water bills. LIHWAP is a grant. You do not have to repay it. LIHWAP crisis grants may be available if you have an emergency situation and are in jeopardy of losing your water service. You can receive one crisis grant for your drinking water service and one crisis grant for your wastewater service, up to \$2,500 each.

Crisis situations include:

- Past-due water bills
- Termination of utility service
- Danger of having utility service terminated (received a notice that service will be shut off within the next 60 days)



## **Water Revenue Dept Tiered Assistance (TAP) Program**

[beta.phila.gov/services/water-gas-utilities/water-bill-customer-assistance/](https://beta.phila.gov/services/water-gas-utilities/water-bill-customer-assistance/)

Available to customers whose income falls at or below 150% of the Federal Poverty Level (FPL) and those with special hardships

Provides consistent, affordable bills capped as a percentage of your income. Customers do not need to be delinquent to apply for the program

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## **Energy Unit of Community Legal Services (CLS)**

[Clsphila.org/services/utilities](https://clsphila.org/services/utilities)

Center City: 215-981-3700

North Philadelphia Law Center: 215-227-2400

CLS provides free legal advice and counsel to clients to help resolve disputes with PECO, PGW, and PWD.

### **Thomas Center for Learning and Physical Literacy Development is an Equal Opportunity Employer**

All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation and identity, gender identity, national origin, citizenship status, genetic information, disability status, military or veteran status, marital or family status, political activities or affiliations, or any other characteristic protected by local, state, and federal law.